

Learning Disability Checklist

Name: _____

Please rate yourself on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have another person (such as a spouse, lover or parent) rate you as well. List other person _____

0	1	2	3	4	NA
Never	Rarely	Occasionally	Frequently	Very Frequently	Not
Applicable/Not Known					

Other Self
Rating

Reading

- ____ 1. I am a poor reader.
____ 2. I do not like reading.
____ 3. I make mistakes when reading like skipping words or lines.
____ 4. I read the same line twice.
____ 5. I have problems remembering what I read even though I have read all the words.
____ 6. I reverse letters when I read (such as b/d, p/q).
____ 7. I switch letters in words when reading (such as god and dog).
____ 8. My eyes hurt or water when I read.
- ____ 9. Words tend to blur when I read.
____ 10. Words tend to move around the page when I read.
____ 11. When reading I have difficulty understanding the main idea or identifying important details.

Writing

- ____ 12. I have "messy" handwriting.
____ 13. My work tends to be messy.
____ 14. I prefer print rather than writing in cursive.
____ 15. My letters run into each other or there is no space between words.
____ 16. I have trouble staying within lines.
____ 17. I have problems with grammar or punctuation.
____ 18. I am a poor speller.
____ 19. I have trouble copying off the board or from a page in a book.
____ 20. I have trouble getting thoughts from my brain to the paper.
- ____ 21. I can tell a story but cannot write it.

Body Awareness/ Spatial Relationships

- ____ 22. I have trouble with knowing my left from my right.
____ 23. I have trouble keeping things within columns or coloring within lines.
____ 24. I tend to be clumsy, uncoordinated.
____ 25. I have difficulty with eye hand coordination.

- ___ 26. I have difficulty with concepts such as up, down, over or under.
___ 27. I tend to bump into things when walking.

Oral Expressive language

- ___ 28. I have difficulty expressing myself in words.
___ 29. I have trouble finding the right word to say in conversations.
___ 30. I have trouble talking around a subject or getting to the point in conversations.

Receptive language

- ___ 31. I have trouble keeping up or understanding what is being said in conversations.
___ 32. I tend to misunderstand people and give the wrong answers in conversations.
___ 33. I have trouble understanding directions people tell me.
___ 34. I have trouble telling the direction sound is coming from.
___ 35. I have trouble filtering out background noises.

Math

- ___ 36. I am poor at basic math skills for my age (adding, subtracting, multiplying and dividing)
___ 37. I makes “careless mistakes” in math.
___ 38. I tend to switch numbers around.
___ 39. I have difficulty with word problems.

Sequencing

- ___ 40. I have trouble getting everything in the right order when I speak.
___ 41. I have trouble telling time.
___ 42. I have trouble using the alphabet in order.
___ 43. I have trouble saying the months of the year in order.

Abstraction

- ___ 44. I have trouble understanding jokes people tell me.
___ 45. I tend to take things too literally.

Organization

- ___ 46. My notebook/paperwork is messy or disorganized.
___ 47. My room is messy.
___ 48. I tend to shove everything into my backpack, desk or closet.
___ 49. I have multiple piles around my room.
___ 50. I have trouble planning my time.
___ 51. I am frequently late or in a hurry.
___ 52. I often do not write down assignments or tasks and end up forgetting what to do.

Memory

- ___ 53. I have trouble with my memory.
___ 54. I remember things from long ago but not recent events.
___ 55. It is hard for me to memorize things for school or work.
___ 56. I know something one day but do not remember it to the next.
___ 57. I forget what I am going to say right in the middle of saying it.
___ 58. I have trouble following directions that have more than one or two steps.

Social Skills

- ___ ___ 59. I have few or no friends.
- ___ ___ 60. I have trouble reading body language or facial expressions of others.
- ___ ___ 61. My feelings are often or easily hurt.
- ___ ___ 62. I tend to get into trouble with friends, teachers, parents or bosses.
- ___ ___ 63. I feel uncomfortable around people I do not know well.
- ___ ___ 64. I am teased by others.
- ___ ___ 65. Friends do not call and ask me to do things with them.
- ___ ___ **66. I do not get together with others outside of school or work.**